Travel Needs Checklist

The following is a list of all your holiday medicinal and toiletry needs. Please tick the items you require and the number of people travelling and we will prepare a travel pack for you and you will receive a 10% discount on the total cost!

Adults Travelling	
Children Travelling **(under 12)**	

Sun Factor :- Low SPF		**Laxative**	
Medium SPF		**Antiseptic cream**	
High SPF		**Plasters**	
Sun Lip Proctector		**Sunglasses Adults/Children**	
Aftersun		**Cleansing Wipes**	
Tablets for Diarrhoea		**Moisturiser**	
Tablets for Nausea/Vomiting		**Disposable Camera**	
Antacids		**Film**	
Travel Sickness Tablets		**Batteries**	
Re-hydration Sachets		**Condoms**	
Allergy/hay fever tablets/Medicine		**Headache Tablets**	
Insect Bite Cream/Spray		**Medicine for Fever (children)**	
Insect Repellent		**Hangover Prevention**	
Mini First Aid Kit		**Antiseptic Wipes**	

Chambers + Pharmacy